



The most important things during stimulation

- Take time for yourself, treat yourself to some relaxation.
- Take folic acid and any other medicines prescribed.
- Tell your doctor if you or a close relative has had a thrombosis or pulmonary embolism.
- Before any appointment, check whether it will take place in our centre in Basel or Olten.
- You will be looked after by the entire fertisuisse team, but your trusted physician will always be informed about your progress and available to help you.



Location Olten:
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We speak German, English, French,
Italian and Dutch.

 **fertisuisse**
Centre for fertility treatment
Women's and men's medicine
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Social Freezing – Explained step by step

In this brochure you will find a detailed description of the 3 main phases of social freezing. Please read this brochure carefully and bring it with you to each appointment so that we can add further details to it. We wish you all the best and a great success!

For urgent medical questions outside the opening hours you can reach us at +41 79 552 05 31.

Your trusted physician: _____



