



Centre for fertility treatment  
Women's and men's medicine



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We speak German, English, French,  
Italian and Dutch.

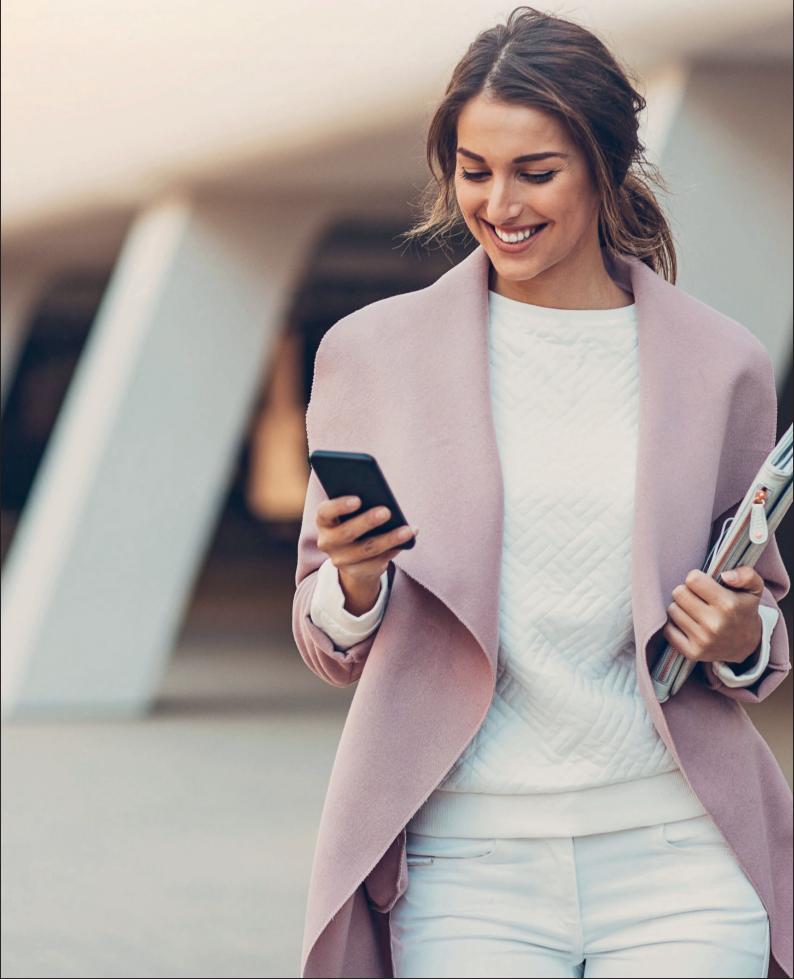


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[www.fertisuisse.ch](http://www.fertisuisse.ch)

## Social freezing

Is it possible to combine family,  
education and career?





Education, career and family planning can be difficult to combine. In order for you to be able to plan your life flexible despite age-related declining fertility, we offer "social freezing" at our fertility centre. This allows you to freeze eggs from your fertile phase for a desired pregnancy at a later stage in life.

Social freezing is best carried out between the age of 25 and 35. This is the age when egg quality and pregnancy rates are the highest. Creating a fertility reserve after the age of 40 is only of limited use.

Using hormonal support, we stimulate the ovaries for about 10 to 14 days, and then we collect the mature eggs, which will be frozen using a delicate procedure ("vitrification"). Swiss legal requirements (Reproductive Medicine Act) limit storage in Switzerland to a maximum of 10 years, and we place great importance on ensuring that any embryo transfer is carried out before the age of 48.



In the course of 1 to 2 stimulations, it would be ideal to freeze around 20 eggs, whereby the success of the stimulation depends very much on what is called the "ovarian reserve" (number of follicles in the ovary, concentration of the Anti-Müllerian hormone). At an advanced age you may have to freeze even more eggs.

If you then wish to become pregnant at a later date, the eggs can be gently thawed and fertilised using the intracytoplasmatic sperm injection method (ICSI).

The low-risk processes of egg cell collection and fertilisation are scientifically well established and have been successfully carried out by the fertisuisse team for years.

It is very important to us that your individual concerns are addressed as much as possible during the treatment process.

We would be happy to discuss the various aspects of treatment with you in a personal consultation.

Contact us via our homepage ([www.fertisuisse.ch](http://www.fertisuisse.ch)) or by phone at +41 62 287 20 00. We look forward to hearing from you.